

Head Coaches - Donna Verda & Matt Heid

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At Crestwicke Country Club we love our kids. Summer at Crestwicke is all about fun and learning. Crestwicke is committed to a swim team characterized by excellence and participation. Swimmers and coaches strive for good sportsmanship, achievement and most of all – FUN!

We are an age-group level team that competes with other teams in the Bloomington-Normal area. We offer a fun, relaxed atmosphere for the early beginners all the way to the advanced. The swim program fosters an inclusive, participatory environment that encourages and rewards all swimmers who commit their time, energy and spirit to the team. One of the goals the program continues to strive for is upholding the tradition of outstanding team spirit that Crestwicke swimmers have been known for. We welcome everyone to be a part of our team.

For more information or to sign up, please visit our website at www.Crestwicke.com under your member login. Registration forms are also available in the office.



# **Crestwicke Gators Swim Team Information**

## **Team Practices**

Practices are Monday, Wednesday, Thursday, and Friday with specialized and individual training on Tuesdays. Practices are held for 1 hour by age group and typically are between 9am-11am. Up to five dual meets are scheduled on Tuesday and Thursday evenings. We ask that you make it a priority to attend as many practices as you can, but we do understand you may have other obli-

gations. A minimum of one practice per week is required to swim in that week's meet. If your swimmer is practicing with another summer team, please speak with one of the coaches. Swim Team practice typically begins the first week in June & concludes at the end of July.

# Cost of the Program

The swim team fee is *\$75.00 per swimmer.* This is conveniently charged to your membership account.

There is also a Spirit Fund that has been established to cover some of the swim team, pre-competitive expenses, and Swimmer of the Week. This fee is \$15 and will be collected by the Team Parent at the beginning of the season.



#### **Team Volunteers**

The Gators Swim Team is supported by outstanding parent volunteers. Volunteers are needed for the swim meets, photography, team parent and pre-conference party activities. Please plan on volunteering a *minimum* of two-three times per child.



## Swim Lessons

Private lessons are a great way for swimmers to get the one-onone attention necessary to quickly learn new skills in the water. Each lesson is 40 minutes and is tailored to match the specific needs of the swimmer. To set up private lessons, contact the Swim Coaches for additional information.