

# WELCOME TO GATORS SWIMMING



Welcome to Crestwicke Country Club Swim Team! We are an age-group level team that competes against other teams in Bloomington-Normal. We offer a fun, relaxed atmosphere for early beginners through advanced swimmers. We welcome everyone to be a part of our team.

Practices are Monday, Wednesday, Thursday, and Friday with specialized and individual training on Tuesday's. Most meets are on Tuesday and Thursday evenings. We ask that you make it a priority to attend as many practices as you can, but we do understand you may have other obligations.

Practice times are 8:30am- 9:15am for age 5-8, 9:30am-10:45am for 9 and over swimmers. A minimum of one practice per week is required to swim in that week's Meet. If your swimmer is practicing with another team, please speak with your Coach.

The swim team fee is \$75.00 per swimmer. This is conveniently charged to your membership account. There is also a \$15.00 Spirit Fund fee that the Team Parent collects to cover costs of the *Swimmer of the Week* goodies and the Pre- Conference party. Bathing suits are an extra fee and available at The Lifeguard Store in Normal, IL. under Crestwicke Swim Team.

We can't wait to see everyone on **Monday, June 5, 2017** for our first day of practice!

## SAVE THE DATE!

**JUNE 13<sup>TH</sup> IS NEW OFFICIALS TRAINING FROM 5:00PM-6:30PM AT ANDERSON POOL.**

**RETURNING OFFICIALS TRAINING IS JUNE 15<sup>TH</sup> FROM 5:00PM-6:30PM AT ANDERSON POOL.**

DATE	OPPONET	LOCATION	START TIME	ARRIVAL TIME
June 20	GE	GE Pool	5:15pm	4:15pm
June 22	4 Seasons	4 Seasons	5:30pm	4:30pm
June 29	Bloomington Parks/Marlins Tri-Meet	O'Neil Pool	5:30pm	4:30pm
July 6	Normal Parks	Anderson Pool	5:30pm	4:30pm
July 22	B- Invite	Anderson Pool	8:30am	7:15am
July 29	Conference prelims	TBD	10 under – 8:45am 11 over – 12:45pm	10 under – 7:00am 11 over – 11:00am
July 30	Conference finals	TBD	1:15pm	11:45am

# INFORMATION PACKET 2017

## Crestwicke Country Club Swim Team

GATOR SWIM TEAM SUMMER 2017

### General Team Information & Parent Volunteer Duties:

The Gators Swim Team is a volunteer-run organization. There are various volunteer positions to fill. Without parent volunteers we cannot run meets, whether home or away. It is important, however, that every family participates so that the same parents aren't always being relied on for volunteer positions. Families will be able to use Sign Up Genius links sent from the parent who is helping the coaches by organizing volunteers.

**Communication:** We will rely heavily on email for most communication to parents from the parent volunteer coordinators and the coaching staff. In addition to email, we will post information on the Crestwicke Gators Facebook page

**Volunteer Check In Process:** If you are volunteering to work at a swim meet please report on time. Please allow an adequate amount of time for the coaching staff to fill your volunteer position if you are unable to attend. Positions at swim meets which require volunteers are Officials, Meet Timers, Runners, Ribbons and working the computer with Meet Manager. Training will be provided for these positions. (\*please refer to Page 1 for the Officials Training Dates!) We do not want meets to be delayed because we are short volunteers. We will be having a parent only meeting **Saturday, May 27 at 9:30 am** at the pool house to review all the volunteer positions, answer questions and help parents and coaches to get to know each other.

**Spirit Fund:** For the summer 2017 season, we are asking each family to give \$15.00 per child to our Spirit Fund. Our Spirit Fund covers the purchase of items including Swimmer of the Week candy and food awards, Pre Conference party expenses and supplies to help win the spirit award at conference.

**Costs of being on the Swim Team:** For each swimmer you can expect the one-time team fee, \$75 per swimmer, to be charged to your account. Spirit Fund contribution and the costs of specific swim attire (suit, goggles, swim cap, etc.) are at an additional cost.

**Team Photographer:** We are asking all parents to share with the team any pictures they take throughout the season. We will also be looking for a parent who would be willing to collect and make a slideshow for the end of the year party. The team photographer will post pictures on our Facebook page.

**Team Apparel:** Order forms for shirts will be due at the beginning of the summer when practices start.

**Weather:** Emails will be sent out at least 45 minutes before practice, or as soon as a decision can be made, if rain or cold could possibly affect practice. If the outside temperature is 65 degrees or less at that time the older kids will have practice that will require workout clothes and tennis shoes. If they were planning on coming to practice that day we still encourage it, even if we are not going to be swimming. If rain and storms are happening at the 45 minute mark then no practice of any kind will take place that day.



## SWIM SUIT INFORMATION

We encourage everyone to purchase the team suit and wear them for all meets, but understand if that is not possible for all. The team suit is available at The Lifeguard Store on College Ave. in Normal. Let them know you are with Crestwicke and they will be able to show you our suits. If you need any goggles, we encourage you to get those while you are there. We do not keep extras at the pool. Team caps will be available from the coaches at practice at a nominal cost.

## RISE SANDIES VOLT

Please be looking for an email from the coaches to make sure that we have entered your email address correctly into our list for 2016. If you have not gotten an email from the coaches by **MAY 20<sup>th</sup>** please call or email them.

Never hesitate to contact us with questions, concerns or suggestions to:

Donna Verda    donna@verdaonline.com

Matt Heid      mheid@tri-valley3.org

## Swimming Terms:

Twin City Swim Conference: The summer swim conference Crestwicke participates in has 5 other teams. Those teams are: Normal Parks, Bloomington Parks, General Electric, Marlins, and Four Seasons. There is a Conference meet that includes all six teams at the end of the season. To be eligible to swim at the conference meet, you must have competed in a minimum of 2 dual meets throughout the current summer.

Dual Meet: A dual meet is when 2 teams are competing against each other. We swim each team in our conference once throughout the summer.

B-Invitational: The B invitational is an end of the summer meet where all 6 teams come together. The swimmers who do not have qualifying times for the conference meet will swim in this end of season meet. Swimmers and parents will be in communication in mid-July about which swimmers will be entered into this meet. The B-invite is on a Saturday morning and will be run similar to a dual meet. Because Crestwicke is a smaller team we will try and make it so that swimmers will swim in **both** the B-invite and conference as long as the swimmers' times allow it.

Conference Meet: Conference is the end of the summer meet the weekend after the B-invite where all the teams come together again. This is a two day meet. Coaches enter their swimmers to swim in the prelims on Saturday. On Sunday the top twelve swimmers, which are made up of the fastest two from each team from Saturday, come back to swim the race again in the finals. Relays are also held on Sunday. Swimmers must swim in at least **two** dual meets during the current summer to be eligible for conference.

Heat: A group of swimmers racing at the same time in an event. Meets with larger teams will likely have more than 1 heat for each event.

Event: Competition in a particular stroke and distance by swimmers of a certain age and gender. Each event will be numbered. All events at dual meets are held in the same order for each meet.

Bullpen: The area at a meet where swimmers are to line up and prepare for their upcoming race. A bullpen is only used at the B-invite and conference meets. Chairs are set up and swimmers are expected to go there when the event they are swimming is called so that the host teams can make sure that everyone is there and ready to swim. A bullpen gives everyone an equal chance of getting to race at bigger meets. At dual meets we will use the "train method" for younger kids. A coach will call all the kids in the event and get them in line and behind their blocks. Coaches will then help the swimmers to know when it is their turn to step up on the block to swim. At dual meets the older swimmers and coaches will work together to make sure everyone knows when they are swimming.

D.Q.: A disqualification is for a rule violation. Our summer conference follows United States Swimming rules. If a swimmer happens to be disqualified, the officials will let the coaches know and the coaches will let parents and swimmers know, and then work on the problem with the swimmer at practice to try and prevent any more disqualifications. The 6 and under age group does not get disqualified.

"Swim Up": This means swimmers may swim up an age group. This may be done at the coach's discretion. It benefits the team by giving more swimmers a chance to swim, and can give the team more points if we are lacking swimmers in a particular age group.

I.M.: Individual Medley. An event that consists of all 4 of the strokes in the following order: Butterfly, Backstroke, Breaststroke, and Freestyle.

Medley Relay: When the four swimmers involved in a relay each swim a different stroke. The first swimmer will swim backstroke, second swimmer will do breaststroke, the third swimmer does butterfly and the fourth swimmer or anchor does freestyle.

# 2017 Gators Swim Team Registration Form

Member Name: \_\_\_\_\_ Acct. # \_\_\_\_\_

E-mail \_\_\_\_\_ E-mail \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Emergency Phone Number \_\_\_\_\_

## 2017 Program Fees

*Swim Team Fees are \$75 per child*

<u>Names of Children</u>	<u>Age</u>	<u>DOB</u>
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____

*Additional Information (Allergies, illness, etc.):*

Signature \_\_\_\_\_

Date: \_\_\_\_\_